

# Swivelfeet linedancers

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[www.swivelfeet.se](http://www.swivelfeet.se)

## Sag, Drag & Fall

Choreographed by: **Frank Trace (USA) January 2009**

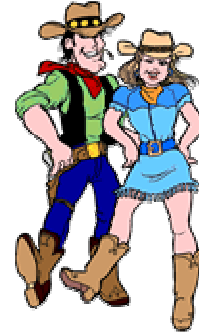
Choreographed to: 'Sag, Drag & Fall' by Sid King and The Five Strings (184 bpm)

from CD Ain't I'm A Dog; also available as download from amazon.co.uk

Music Suggestion: 'Wastin' Time With You' by Carlene Carter (184 bpm)

**Choreographer's Note: This is a tribute to the fun lovin' "rockabilly" sound of the 50's**

(Start on words: I tell my friends ...)



Actual footwork		Calling suggestion	Direction
<b>Section 1 Diagonal Step, Slide, Step, Scuff (x 2)</b>			
1 - 2	Step right diagonally forward right. Slide left up towards right.	Step Slide	Forward
3 - 4	Step right diagonally forward right. Scuff left forward.	Step Scuff	
5 - 6	Step left diagonally forward left. Slide right up towards left.	Step Slide	
7 - 8	Step left diagonally forward left. Scuff right forward.	Step Scuff	
<b>Section 2 Step Scuffs Making 3/4 Turn Arc Pattern</b>			
1 - 4	Step forward right. Scuff left. Step forward left. Scuff right.	Step Scuffs	Turning left
5 - 8	Step forward right. Scuff left. Step forward left. Scuff right.	Step Scuffs	
Note	Make an arc pattern with the 'Step Scuffs', doing 3/4 turn left. (3:00)		
<b>Section 3 Toe Strut Jazz Box</b>			
1 - 2	Cross right toe over left. Drop right heel taking weight.	Cross Strut	Left
3 - 4	Step left toe back. Drop left heel taking weight.	Back Strut	Back
5 - 6	Step right toe to right side. Drop right heel taking weight.	Side Strut	Right
7 - 8	Step left toe slightly forward. Drop left heel taking weight.	Toe Strut	Forward
<b>Section 4 Step, Slide, Step, Hold, Step, Pivot 1/2, Step, Hold</b>			
1 - 2	Step right forward. Slide left towards right.	Step Slide	Forward
3 - 4	Step right forward. Hold.	Step Hold	
5 - 6	Step left forward. Pivot 1/2 turn right. (9:00)	Step Turn	Turning right
7 - 8	Step left forward. Hold.	Step Hold	Forward