Swivelfeet Linedancers Hälsinglands gladaste Linedancers

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www.swivelfeet.se

1-2-3-4

Choreographed by: Niels Poulsen (DK) November 2010

Choreographed to: '1-2-3' by Ann Tayler (180 bpm) from CD Home To Louisiana; also available as download from amazon.co.uk or iTunes

Tags: 2 Tags: Tag 1 after Walls 1 and 3, Tag 2 during Wall 6 (then Restart)

(start 16 counts from first drum beat, 10 secs into track)



Actua	al footwork	Calling suggestion	Direction
Section 1	Right Toe Strut Jazz Box, Forward Toe Strut		
1 – 2	Cross right toe over left. Drop right heel taking weight.	Cross Strut	Left
3 – 4	Step left toe backwards. Drop left heel taking weight.	Back Strut	Back
5 – 6	Step right toe to right side. Drop right heel taking weight.	Side Strut	Right
7 – 8	Step left toe forwards. Drop left heel taking weight.	Forward Strut	Forward
Section 2	Forward Lock Step, Hold, Step, 1/2 Turn, Step, Hold		
1 – 4	Step right forward. Lock left behind right. Step right forward. Hold.	Right Lock Right Hold	Forward
5 – 8	Step left forward. Turn 1/2 right stepping onto right. Step left forward. Hold. (6:00)	Step Turn Step Hold	Turning right
Section 3	Right Toe Strut Jazz Box, Forward Toe Strut		
1 – 2	Cross right toe over left. Drop right heel taking weight.	Cross Strut	Left
3 - 4	Step left toe backwards. Drop left heel taking weight.	Back Strut	Back
5 – 6	Touch right toe to right side. Drop right heel taking weight.	Side Strut	Right
7 – 8	Step left toe forwards. Drop left heel taking weight.	Forward Strut	Forward
TAG 2	Wall 6: At this point dance Tag 2 then Restart the dance from the beginning. (12:00)		
Section 4	Lock Step Forward, Hold, Step 1/4 Cross, Hold		
1 – 4	Step right forward. Lock left behind right. Step right forward. Hold.	Right Lock Right Hold	Forward
5 – 8	Step left forward. Turn 1/4 right stepping onto right. Cross left over right. Hold. (9:00)	Step Turn Cross Hold	Turning right
Section 5	Side Rock, Back Rock, Side Rock, Cross, Hold (9:00)		
1 – 4	Rock right to right side. Recover onto left. Rock back on right. Recover onto left.	Side Rock Back Rock	On the spot
5 – 8	Rock right to right side. Recover onto left. Cross right over left. Hold.	Side Rock Cross Hold	
Section 6	Triple Step 3/4 Turn, Walk, Hold/Clap, Walk, Hold/Clap		
1 – 2	Turn 1/4 right stepping left back. Turn 1/2 right stepping right forward. (6:00)	Turn Turn	Turning right
3 – 4	Step left forward. Hold.	Step Hold	Forward
5 – 8	Walk forward right. Hold and clap. Walk forward left. Hold and clap.	Walk Hold Walk Hold	
Section 7	Point With Hip Bumps, Hold (x 2)		
1 – 2	Point right forward, bumping hips forward. Bump hips back.	Hip Bumps	On the spot
3 – 4	Bump hips forward stepping down on right. Hold.	Bump Hold	
5 – 6	Point left forward, bumping hips forward. Bump hips back.	Hip Bumps	
7 – 8	Bump hips forward stepping down on left. Hold.	Bump Hold	
Section 8	Forward Mambo. Hold, Coaster Step, Hold		
1 – 4	Rock forward on right. Recover onto left. Step right back. Hold.	Mambo Step Hold	On the spot
5 – 8	Step left back. Step right beside left. Step left forward. Hold. (6:00)	Coaster Step Hold	
TAG 1	(End of Wall 1 and Wall 3) Walk, Hold, Walk, Hold		
1 – 4	Walk forward right. Hold. Walk forward left. Hold.	Right Hold Left Hold	Forward
Tag 2	Wall 6 after Count 24: Stomp, Hold, Jazz Box With Holds, Cross, Hold, Side, Hold (6:00)		
1 - 2	Stomp right forward. Hold.	Stomp Hold	Forward
	Cross left over right. Hold. Step right back. Hold. Step left to left side. Hold.	Jazz Box with Holds	
3 - 8	Cross left over right. Hold. Step right back. Hold. Step left to left side. Hold.	Jazz Dox With Holds	