

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida: WWW.swivelfeet.se

Cowboy Strut

Count: 32 Wall: 2 Level: Beginner

Choreographer: Unknown

Music: **Hang In There Superman** by Hal Ketchum

Alt.: I Got Stung by Elvis Presley



Actual footwork

Section 1	Toe Touches
1 - 2	Touch right toe to left instep, step right foot a little forward
3 - 4	Touch left toe to right instep, step left foot a little forward
5 - 6	Touch right toe to left instep, step right foot a little forward
7 - 8	Touch left toe to right instep, step left foot a little forward

Section 2	Heel, Heel, Toe, Toe, Heel, Clap, Toe, Clap
1 - 2	Touch right heel forward twice
3 - 4	Touch right toe back twice
5 - 6	Touch right heel forward, clap
7 - 8	Touch right toe back, clap

Section 3	Heel Struts Forward
1 - 2	Step right heel forward, drop right toe to floor
3 - 4	Step left heel forward, drop left toe to floor
5 - 6	Step right heel forward, drop right toe to floor
7 - 8	Step left heel forward, drop left toe to floor

Section 4	Jazz Box ¼ Turn, Jazz Box ¼ Turn
1 - 2	Cross right foot over left, step left foot back
3 - 4	Step right foot ¼ turn right, step left foot next to right
In some areas, the jazz box in counts 1-4 is done without the ¼ turn, making this a 4 wall dance.	
5 - 6	Cross right foot over left, step left foot back
7 - 8	Step right foot ¼ turn right, step left foot next to right

REPEAT

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