

# Swivelfeet linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida

[www.swivelfeet.se](http://www.swivelfeet.se)

## Hop It

32 Count, 4 Wall, Improver

Choreographer: Robbie McGowan Hickie (UK) Oct 09

Choreographed to: Go On And Go by Chely Wright, CD: Woman In The Moon (104bpm);

A Cowboy Wedding by Joni Harms (102 bpm) CD: After All

16 Count intro



<b>Actual footwork</b>	
<b>Section 1</b>	<b>Diagonal Step Forward. Lock. Lock Step Diagonally Forward. (Right &amp; Left).</b>
1 - 2	Step Right Diagonally forward Right. Lock Left behind Right.
3 & 4	Step Right Diagonally forward Right. Lock Left behind Right. Step Right Diagonally forward Right.
5 - 6	Step Left Diagonally forward Left. Lock Right behind Left.
7 & 8	Step Left Diagonally forward Left. Lock Right behind Left. Step Left Diagonally forward Left.
<b>Section 2</b>	<b>Cross. Push Back. Chasse 1/4 Turn Right. Step. Pivot 1/2 Turn Right. Left Shuffle Forward.</b>
1 - 2	Cross step Right over Left. Step back on Left – Pushing hips back.
3 & 4	Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.
5 - 6	Step forward on Left. Pivot 1/2 turn Right.
7 & 8	Left shuffle forward stepping Left. Right. Left. (Facing 9 o'clock)
<b>Section 3</b>	<b>2x Walks Forward. Right Mambo Forward. 2 x Sweeps Back. Left Coaster Step.</b>
1 - 2	Walk forward on Right. Walk forward on Left.
3 & 4	Rock forward on Right. Rock back on Left. Step back on Right.
5 - 6	Sweep Left out and around stepping back on Left. Sweep Right out and around stepping back on Right.
7 & 8	Step back on Left. Step Right beside Left. Step forward on Left.
<b>Section 4</b>	<b>Forward Rock with Heel Lift. Shuffle 1/2 Turn Right. Forward Rock with Heel Lift. Shuffle 1/2 Turn Left.</b>
1 - 2	Rock forward on Right - raising Left heel up behind Right leg. Recover weight on Left.
3 & 4	Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 3 o'clock)
5 - 6	Rock forward on Left - raising Right heel up behind Left leg. Recover weight on Right.
7 & 8	Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 3 o'clock)