

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida; WWW.swivelfeet.se

I'm Alive

36 Count, 4 Wall, Beginner

Choreographer: Totoy Pinoy (Philippines) 2006

Choreographed to: I'm Alive by Celine Dion CD: A New Day Has Come (102bpm)

Dance starts on the words 'I'm Alive'



Actual footwork

Section 1 4x Swivel. 2x Toe Touch-Together. Toe Touch: Fwd-Bwd-Side. Hitch 1/4 Left (9:00)

1 – 2	With feet together: Swivel toes to right. Swivel toes back to centre.
3 – 4	With feet together: Swivel toes to left. Swivel toes back to centre.
5 – 6	Touch right to side. Step right next to left.
7 – 8	Touch left to side. Step left next to right
9 – 10	Touch right toe forward. Touch right toe backward
11 – 12	Touch right toe to right side. Hitching right knee - turn 1/4 left (9).

Section 2 2x Shuffle Fwd. 2x Shuffle Bwd (9:00)

1 & 2	Shuffle forward stepping: R.L-R
3 & 4	Shuffle forward stepping: L.R-L
5 & 6	Shuffle backward stepping: R.L-R
7 & 8	Shuffle backward stepping: L.R-L

Section 3 2x Grapevine-Touch Together (9:00)

1 – 2	Step right to right side. Cross left behind right.
3 – 4	Step right to right side. Touch left next to right.
5 – 6	Step left to left side. Cross right behind left.
7 – 8	Step left to left side. Touch right next to left

Section 4 Rolling Grapevine Right. Touch Together. Rolling Grapevine Left. Together (9:00).

1 – 2	Turn ¼ right & step forward onto right (12). Turn ¼ right & step left to left side (3).
3 – 4	Turn ½ right & step right to right side (9). Touch left next to right.
5 – 6	Turn ¼ left & step forward onto left (6). Turn ¼ left & step right to right side (3).
7 – 8	Turn ½ left & step left to left side (9). Step right next to left.