Swivelfeet Linedancers Hälsinglands gladaste Linedancers

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Knee Deep

4 Wall – 32 counts – Improver

Choreographed by: Peter & Alison (UK) September 2010

Choreographed to: 'Knee Deep' by Zac Brown Band (91 bpm) from CD You Get What You Give:

also available as download from iTunes.com (US)

Restart: There is one Restart during Wall 3

Tag: A 4-count Tag is danced at the end of Wall 6

(32 count intro)



gladaste Linedancers!

Actual footwork		Calling suggestion	Direction
Section 1	Side, Touch, Side, Kick, Behind Side Cross, Side, Touch, Side, Kick, Behind, 1/4, Step		
1 &	Step right to right side. Touch left beside right.	Right Touch	Right
2 &	Step left to left side. Kick right low kick forward.	Left Kick	Left
3 & 4	Cross right behind left. Step left to left side. Cross right over left.	Behind Side Cross	
5 &	Step left to left side. Touch right beside left.	Left Touch	Left
6 &	Step right to right side. Kick left low kick forward.	Right Kick	Right
7 &	Cross left behind right. Making 1/4 turn right step right forward.	Behind Turn	Turning right
8	Step left forward. (3:00)	Step	

Section 2	Forward Rock, 1/2 Turn, Scuff, Shuffle 1/2 Turn, Coaster Step, Run x 3		
1 &	Rock right forward. Recover onto left.	Forward Rock	On the spot
2 &	Making 1/2 turn right step right forward. Scuff left forward.	Turn Scuff	Turning right
3 & 4	Shuffle turn 1/2 turn right, stepping – left, right, left. (3:00)	Shuffle Turn	
Option	(Non turning): 1 & 2 Right forward mambo; 3 & 4 Left shuffle back		
5 & 6	Step right back. Step left beside right. Step right forward.	Coaster Step	On the spot
7 & 8	Step left forward. Step right forward. Step left forward.	Left Right Left	Forward
Restart	Wall 3: At this point (facing 9:00) restart the dance from the beginning.		

Section 3	Lock Step Forward, Heel Touch, Toes Touch, Lock Step Forward, Jazz Box		
1 & 2	On right diagonal step right forward. Lock left behind right. Step right forward.	Right Lock Right	Forward
3 – 4	Touch left heel forward on left diagonal. Touch left toes back.	Heel Toes	On the spot
5 & 6	On left diagonal step left forward. Lock right behind left. Step left forward.	Left Lock Left	Forward
7 & 8	Cross right over left. Step left back. Step right to side.	Jazz Box	On the spot
Note	Count 8: step on right diagonal, ready to start full turn right.		

Section 4	Full Turn Walk Around, Forward Shuffle, Kick Ball Change		
1 – 4	Making full turn right walk round in a circle, stepping – left, right, left, right.	Full Turn Circle	Turning right
5 & 6	Step left forward. Close right beside left. Step left forward.	Left Shuffle	Forward
7 & 8	Kick right forward. Step right beside left. Step left beside right.	Kick Ball Change	On the spot

TAG (W6)	End of Wall 6: Dance this Tag (Forward Mambo, Back Mambo) then begin again (6:00)		
1 & 2	Rock forward on right. Rock back on left. Step right beside left.	Forward Mambo	On the spot
3 & 4	Rock back on left. Rock forward on right. Step left beside right.	Back Mambo	