

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida; WWW.swivelfeet.se

Over The Moon

Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Stephen Rutter & Claire Rutter (Nuline U.K) Feb 2017

Music: "Runaround Sue" by The Overtones (156 B.P.M – 3:05 mins) from "Higher" album

(32 Count Intro' From Start Of Main Beat - Before Main Vocals – 34 Secs).

Slower Practice Track: "Shut Up & Dance" by Walk The Moon (129 B.P.M – 3:17 mins) (8 Count Intro' – 4 Secs)



Actual footwork

Section 1 Toe Touches, Flick, Right Vine, Toe Touch.

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|-------|---|
| 1 - 2 | Touch right toe to right side, touch right toe forward. |
| 3 - 4 | Touch right toe to right side, flick right foot back behind left leg. |
| 5 - 6 | Step right to right side, cross left behind right. |
| 7 - 8 | Step right to right side, touch left toe beside right (12 o'clock) |

Section 2 Toe Touches, Flick, Left Vine.

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|-------|---|
| 1 - 2 | Touch left toe to left side, touch left toe forward. |
| 3 - 4 | Touch left toe to left side, flick left foot back behind right leg. |
| 5 - 6 | Step left to left side, cross right behind left. |
| 7 - 8 | Step left to left side, touch right toe beside left (12 o'clock) |

Section 3 (Step Forward To Diagonal, Toe Touch & Clap) x2, (Step Back To Diagonal, Toe Touch & Clap) x2.

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|-------|--|
| 1 - 2 | Step right forward towards right corner, touch left toe beside right and clap. |
| 3 - 4 | Step left forward towards left corner, touch right toe beside left and clap. |
| 5 - 6 | Step right back towards right corner, touch left toe beside right and clap. |
| 7 - 8 | Step left back towards left corner, touch right toe beside left and clap. (12 o'clock) |

Section 4 Step Apart (Out, Out), Heel Bounces, Pivot 1/8 Turn Left x2.

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|-------|--|
| 1 - 2 | Step right to right side, step left to left side (shoulder width apart from right) |
| 3 - 4 | Bounce heels twice bending knees slightly as you do so. |
| 5 - 6 | Step right forward, pivot one-eighth turn left. |
| 7 - 8 | Step right forward, pivot one-eighth turn left. (9 o'clock) |

Enjoy!

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