

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

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Red Hot Rock 'n' Roller

64 count, 2 wall, beginner/intermediate level

Choreographer: Gaye Teather (UK) July 2006

Choreographed to: Red Hot Rock 'n' Roller by Dave Sheriff, CD: Overworked and Underpaid (171 bpm)

Intro: 32 counts from start of main beat – begin dance on vocals



Actual footwork	
Section 1	Kick ball cross. Side. Heel taps
1 - 2	Kick Right foot forward. Step Right beside Left
3 - 4	Cross Left over Right. Step Right to Right side
5 - 8	Touch Left toe forward on a Left diagonal. Tap Left heel to floor 3 times (weight remains on Right)
Note	Style note: During steps 5 – 8 angle body to Left diagonal and lean slightly back
Section 2	Extended weave Left. Touch
1 - 4	Step Left to Left. Cross Right behind Left. Step Left to Left. Cross Right over Left
5 - 8	Step Left to Left. Cross Right behind Left. Step Left to Left. Touch Right beside Left
Section 3	Quarter Monterey turn. Quarter Monterey turn. Hitch
1 - 2	Point Right toe to Right side. Quarter turn Right stepping Right beside Left (Facing 3 o'clock)
3 - 4	Touch Left toe to Left. Step Left beside Right
5 - 6	Point Right toe to Right side. Quarter turn Right stepping Right beside Left (Facing 6 o'clock)
7 - 8	Touch Left toe to Left side. Hitch Left knee
Section 4	Left coaster step. Hold. Walk forward Right. Left. Right. Hold
1 - 4	Step back on Left. Step Right beside Left. Step forward on Left. Hold
5 - 8	Walk forward Right. Left. Right. Hold
Section 5	Toe struts back. Side rock. Together. Hold
1 - 4	Step Left toe back. Lower Left heel. Step Right toe back. Lower Right heel
5 - 8	Rock Left to Left side. Recover onto Right. Stomp Left beside Right. Hold
Option	Style option: Click fingers during toe struts back
Section 6	Toe struts back. Side rock. Together. Hold
1 - 4	Step Right toe back. Lower Right heel. Step Left toe back. Lower Left heel
5 - 8	Rock Right to Right side. Recover onto Left. Stomp Right beside Left. Hold
Option	Style option: Click fingers during toe struts back
Section 7	Rumba box
1 - 4	Step Left to Left side. Step Right beside Left. Step forward on Left. Hold
5 - 8	Step Right to Right side. Step Left beside Right. Step back on Right. Hold
Section 8	Out. Out. In. In. Heel bounce x 4
1 - 4	Step Left to Left. Step Right to Right. Step Left back to centre. Step Right back to centre
5 - 8	With feet together bounce heels 4 times
Option	Style option: For a fun (and more energetic) option, jump 4 times on the spot during steps 5 – 8
Tag	There is an 8 count tag at the end of wall 6 (Facing 12 o'clock) Simply repeat the last section (Out. Out. In. In. Heel bounces) and start again from the beginning.

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