

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida

www.swivelfeet.se

Rock Around The Clock

Choreographed by Tony Chapman

Description: 48 count, 4 wall, beginner line dance

Music: Rock Around The Clock by Bill Haley & His Comets [175 bpm / R.O.C.K. /]

Music suggestion: The Bug by Mary Chapin Carpenter

Start dancing on lyrics



Actual footwork

Section 1 Right, Together, Right, Hold, Cross, Step Wide, Over, Hold

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|-------|--|
| 1 - 2 | Touch right to side, touch right together |
| 3 - 4 | Touch right to side, hold |
| 5 - 6 | Cross right behind left, step left to side |
| 7 - 8 | Cross right over left, hold |

Section 2 Left, Together, Left, Hold, Cross Wide, Over, Hold

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|-------|---|
| 1 - 2 | Touch left to side, touch left together |
| 3 - 4 | Touch left to side, hold |
| 5 - 6 | Cross left behind right, step right to side |
| 7 - 8 | Cross left over right, hold |

Section 3 Forward, Back, Back, Hold, Back, Over, Back, Hold

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|-------|--------------------------------------|
| 1 - 2 | Rock right forward, recover to left |
| 3 - 4 | Step right back, hold |
| 5 - 6 | Step left back, lock right over left |
| 7 - 8 | Step left back, hold |

Section 4 Back, Forward, Forward, Hold, Forward, Cross, Forward, Hold

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|-------|---|
| 1 - 2 | Rock right back, recover to left |
| 3 - 4 | Step right forward, hold |
| 5 - 6 | Step left forward, lock right over left |
| 7 - 8 | Step left forward, hold |

Section 5 Right Toe, Heel, Over, Hold, Left Toe, Heel, Over, Hold

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|-------|---|
| 1 - 2 | Touch right together, touch right heel together |
| 3 - 4 | Step right together, hold |
| 5 - 6 | Touch left together, touch left heel together |
| 7 - 8 | Step left together, hold |

Section 6 Right Back, Together, Forward, Hold, Turn ¼ Left, ¼ Left, ¼ Left, Hold

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|-------|---|
| 1 - 2 | Step right back, cross left behind right |
| 3 - 4 | Step right forward, hold |
| 5 - 6 | Turn ¼ left and step left forward, turn ¼ left and step right to side |
| 7 - 8 | Turn ¼ left and step left together, hold |

Choreographer Contact Information:

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