

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

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Sixties Dance Medley

Count: 48 Wall: 4 Level: Improver

Choreographer: Marie Sørensen (Sunshine Cowgirl) – March 2019

Music: "Sixties Medley" by Die Campbells



Intro: 32 Counts - Buy the music on iTunes

Actual footwork

Section 1	Cross Rock, Recover, Side Rock, Recover, Behind, Side, Cross, Point
1 - 2	Rock Right in front of left, recover
3 - 4	Rock right to the right side, recover
5 - 6	Cross right behind left, step left to the left side
7 - 8	Cross right over left, point left to the left side (12:00)
Section 2	1/4 Turn Left, Toe Strut, Left, Right, Mambo 3/4 Turn Left, Hold
1 - 2	1/4 turn left, tap left toe fwd, drop left heel
3 - 4	Tap right toe fwd. drop right heel (09:00)
5 - 6	Rock fwd. left, recover
7 - 8	3/4 turn left, step fwd. left, hold (12:00)
Section 3	Stomp, Hold, Stomp, Hold, Run Fwd. Right, Left, Right, Left
1 - 2	Stomp fwd. right, hold & clap
3 - 4	Stomp fwd. left, hold & clap
5 - 6	Run fwd. right, left - Bend your knees
7 - 8	Run fwd. right, left - Bend your knees (12:00)
Section 4	Back, Kick, Back, Kick, Coaster Step, Hold
1 - 2	Step back on right, kick left fwd
3 - 4	Step back on left, kick right fwd
5 - 6	Step back on right, step left next to right
7 - 8	Step fwd. on right, hold (12:00)
Restart the dance at this point during wall 8 (Facing 09:00) and wall 12 (Facing 03:00), In section 4, on count 8, do a step fwd. on left, instead of hold. Now you have weight on left, start from the beginning	
Section 5	Fwd. Flick, Fwd. Flick, Rock, Recover, Step Back, Hold
1 - 2	Step fwd. on left, flick right back - while you bend your upper body forward
3 - 4	Step fwd. on right, flick left back - while you bend your upper body forward
5 - 6	Rock fwd. left, recover
7 - 8	Step back on left, hold & clap (12:00)
Section 6	Slow Jazz Box 1/4 Turn Right
1 - 2	Cross right over left, hold
3 - 4	Step back on left, hold
5 - 6	1/4 turn right, hold
7 - 8	Step fwd. on left, hold (03:00)

THERE ARE 2 RESTART

During wall 8 - After 32 counts - Facing 09:00 During wall 12 - After 32 counts - Facing 03:00

HAPPY HAPPY MUSIC !

Have Fun! Contact: sunshinecowgirl1960@gmail.com

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