

Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida: www.swivelfeet.se

Soul Shake

Count: 64 Wall: 4 Level: Intermediate

Choreographer: Fred Whitehouse (Ireland) August 2019

Music: Soul Shake by Tommy Castro

Intro – 80 Count from start of track, on Lyrics



Actual footwork

Section 1	Grapevine L, Chasse L, Rock back, Recover
1 - 4	Step LF to L, step RF behind L, step LF to L, cross RF over L
5 & 6	Step LF to L, close RF next to L, step LF to L
7 - 8	Rock RF behind L, recover on L

Section 2	Monterey Turns x 2
1 - 2	Point RF to R, ¼ turn R closing RF next to L
3 - 4	Point LF to L, close LF next to R
5 - 6	Point RF to R, ¼ turn R closing RF next to L
7 - 8	Point LF to L, close LF next to R (Add Claps when you collect feet)

Section 3	Rock Recover, Behind, Rock Recover, Behind, Side, Cross
1 - 4	Rock RF to R, recover on to L, step RF behind L, rock LF to L
5 - 8	Recover on to R, step LF behind R, step RF to R, cross LF over R

Section 4	Stomp, Heel Toe Walk in x2
1 - 4	Stomp RF forward to R diagonal, swivel L heel in, swivel L toe in, swivel L heel in
5 - 8	Stomp LF forward to L diagonal, swivel R heel in, swivel R toe in, swivel R heel in

Section 5	Twist R, Clap, Twist L, Clap
1 - 4	Twist both heels to R, twist both toes to R, twist both heels to R, clap
5 - 8	Repeat to L side (body ends on slight diagonal 7.30)

Section 6	Toe Strut x2, Walk x 2, Step forward, Pivot ¼ Turn L
1 - 4	Touch R toe forward, step R heel down, touch L toe forward, step L heel down (keep body on angle to R diagonal)
5 - 8	Walk forward R, L, R, pivot ¼ turn L placing weight on L

Section 7	Step Point, Step Scuff, Jazzbox
1 - 4	Step RF forward, point LF to L, step LF forward, scuff RF forward
5 - 8	Cross RF over L, step LF back, step RF to R, cross LF over R

Section 8	Toe Heel x2, Step, Close, Heel Bounces x2
1 - 4	Touch R toe to R, touch R heel to R, touch R toe to R, touch R heel to R
5 - 8	Step RF forward, close LF next to R, bounce heels x2

Smile, Let the music take control

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