## Swivelfeet Linedancers Hälsinglands gladaste Linedancers

Besök alltid vår hemsida: www.swivelfeet.se

## Those Were The Days

32 Count, 2 Wall, Improver

Choreographer: Daniel Whittaker & Rob Fowler (UK) July 2014 Choreographed to: Those Were the Days by Hermes House

Band. Album: Greatest Hits (3:40 - iTunes)

Start after the saying those were the .. start on the word "days" (25 seconds in to the song)



Actual footwork	
Section 1	Walk right, left, shuffle, rock step coaster cross
1 - 2	Walk forward right left
3 & 4	Shuffle forward R-L-R
5 - 6	Rock forward left, recover weight back on right
7 & 8	Step left foot back, close right to left, step left over right 12:00
Section 2	Grapevine, kick left, kick right, touch behind

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1 - 4	Step right to right, cross left behind, step right to right, kick left across right
5 - 6	Step left to left, kick right across left
7 - 8	Step right to ride side, touch left toe behind right 12:00

Section 3	Rolling vine 1 ¼ turn shuffle, rock coaster cross
1 - 2	Step left foot ¼ turn left (09:00), make ½ turn left stepping back right 03:00
3 & 4	Shuffle ½ turn left stepping left, right, left 09:00
5 - 6	Rock right foot forward, recover weight on left
7 & 8	Step right foot back, close left to right, step right over left

Section 4	Side rock, cross over 1/4 turn, walk back touch, full turn
1 - 2	Rock left to left side, recover weight on right 09:00
3 - 4	Cross left over right, make ¼ turn left stepping right foot back 06:00
5 - 6	Step left foot back, touch right toe back
7-8&	Step right forward, make ½ turn right stepping left back, make ½ turn right slightly hitching right 12:00
, – 0 Q	(note this little hitch is preparation to start from the beginning of the dance facing the back wall)

Tags	There are 3 EASY tags end of walls 4, 6, 7 ***
Tag 1	Rocking chair (end of wall 4) 12:00
1 - 4	Rock right forward, recover, rock right back recover

Tag 2	Rock step, coaster step, rock step coaster step (end of wall 6) 12:00 *Note music slows down for all of wall 7 *
1 - 2	Rock right foot forward, recover weight back on left
3 & 4	Step right back, close left beside right, step right foot forward
5 - 6	Rock left foot forward, recover weight back on right
7 & 8	Step left back, close right beside left, step left foot forward

Tag 3	Rocking chair (end of wall 7) 06:00 *Note music dramatically slows down and builds up faster
1 - 4	Rock right forward, recover, rock right back recover

\*\*\* ON A FINAL NOTE HAVE FUN, IT'S A GOOD SING-A-LONG. TO MAKE IT EVEN MORE FUN STAND IN LINES AND HOLD HANDS FROM COUNTS 1-16 WITH DANCERS TO THE RIGHT AND LEFT OF YOU, LET GO AFTER COUNT 16 OTHERWISE YOU WILL GET INJURED \*\*\*\*\*